





Located in a two-story space at the base of a Florida office building, Premier Health & Fitness is an energetic, visually alive space, created by Resolution: 4 Architecture. The designers defined the gym's diverse programmatic needs—cardiovascular and weight training, massage, aerobics, and nutrition—and combined the disparate activities into a unified conception of fitness.

Brightly colored, monolithic walls modulated by openings make visual and circulatory connections between zones.

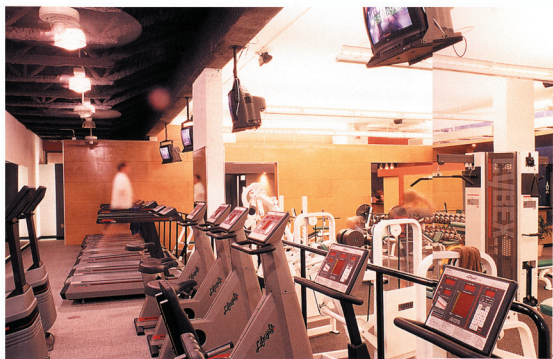
The dance of colors, openings, and planes frames different visual compositions, depending on one's vantage point. Kiosks housing the membership offices, a retail area, and juice bar are carved into the space, further encouraging movement throughout.

The surfaces reflect the designers' interest in bringing off-the-shelf materials into a refined environment. Walls consist of lacquered fiberboard and textured gypsum board; a raked, low plywood ceiling defines a main corridor. Lighting is softened by inverting hung industrial fixtures to face the ceiling. An illuminated landing and surrounding soffits and openings add drama to the steel staircase.



## PREMIER HEALTH & FITNESS





**PREVIOUS SPREAD** The interior is a lively composition of planes, colors, and passages. **ABOVE** Public and private areas are defined by zones. **LEFT** Sunny walls and carefully adjusted light fixtures evenly illuminate the fitness stations. **OPPOSITE** The designers employed abundant color to energize and diversify the workout space.

location: Hallandale, Florida  
 architect/interior designer: Resolution: 4 Architecture  
 photographer: © Thomas Delbeck  
 square feet/meters: 16,000/1,486  
 design budget: \$500,000  
 club membership: 1,000

